

MANUAL

3

OPERATION NEWSTART NORTHERN

Field Manual



VOL

3

Field

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Field Manual

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Abseiling

1 Aim/Objectives:

1.1 Aim of Activity:

To provide an individual challenge, with communication, cooperation and trust as major elements, in an attempt to deconstruct some of the presenting behaviours of the clients.

For students to receive and follow instructions given by Royal Australian Air Force (RAAF) personnel.

1.2 Objective:

To undertake a day's abseiling activity run by RAAF personnel in an isolated area with a significant level of perceived risk.

2.0 Location:

Werribee Gorge State Park, Bacchus Marsh, 3340.
Melway 627 D4.

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile phones;

Brendon Delaney 0438 043 103

Diane Bradford 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

RAAF 4WD located 600m from site.

Operation Newstart Northern (ONN) bus located 2km from site.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Bacchus Marsh Police,
Location: 117 Main Street, Bacchus Marsh 3340.
Phone: 5366 4500

3.5 Infield Staff:

2 RAAF (minimum), 2 ONN.

4.0 Activity Safety Systems:

RAAF run the abseiling activity and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart Northern students.

5.0 Personnel Qualifications Relevant to Abseiling:

5.1 RAAF Staff Qualifications:

Adventure Training Instructors/Leaders, Abseiling Top Rope, Abseiling Caving, Lead Climbing Course.
First aid.

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid, (BD & DB).
Police Search and Rescue, (MM).
Land Navigation Course.

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Police.
Ranger.

6.2 Accident/Incident Reporting Procedure:

As detailed in Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Bacchus Marsh Hospital,

Primary Injury Service,

Clarinda Street, Bacchus Marsh.

Phone 5367 9666

In case of no emergency vehicle support

Use mobile to contact emergency services:

Phone: 000 or Mobile 112.

Helicopters N/A



Activity

2

Bike Riding

1. Aims and Objectives:

1.1 Aim of Activity:

To provide students with practice and experience in bicycle touring. Communication, safety and teamwork are major elements of this activity.

1.2 Objective:

To undertake a day's cycling activity run by ONN personnel on a suburban bike path.

2.0 Location:

Yarra Trail. Route from Collingwood Alternative School Stanley St, Gipps St, to the Yarra Trail bike trail along the Yarra to Eltham.

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile phones;
Brendon Delaney 0438 043 103
Diane Bradford 0411 334 164

**Emergency AHC – Chris Astley, Principal, Collingwood Alternative School,
9419 3816**

3.2 Vehicular Support:

One way cycle. Bus meets at designated points, finishing at Eltham, and can be called in case of emergency.

3.3 Difficulty of Trip:

Level 1

3.4 Outside Support Staff:

Broadmeadows Police
15 Dimboola Rd, Broadmeadows.3047
Phone 9302 8222

3.5 Infield Staff:

2 ONN.

4.0 Activity Safety Systems:

ONN staff run the bike riding activity and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart Northern students.

5.0 Personnel Qualifications Relevant to Bike Riding:

Cycle On Instructors (BD).
St. John Ambulance Wilderness First Aid (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Broadmeadows Police
15 Dimboola Rd, Broadmeadows.3047
Phone 9302 8222

6.2 Accident/Incident Reporting Procedure:

As detailed in Operations Manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.
If necessary transport patient to;
Austin Hospital,
145 Studley Road, Heidelberg, 3084
Phone: 9496 5000

In case of no emergency vehicle support

Use mobile phone to contact emergency services;
Phone: 000

Helicopters N/A



Activity

3

Bushwalking

1.0 Aims/Objectives:

1.1 Aim of Activity:

To provide both an individual and group challenge, with perseverance, tolerance of each other and cooperation in pairs or small groups as major elements, in an attempt to deconstruct some of the presenting behaviours of the clients and to accelerate personal development and client narrative development.

1.2 Objective:

To undertake a four day bushwalking activity in both a relatively isolated and spectacular coastal area.

2.0 Location:

Apollo Bay Great Ocean Walk, 3233.
Melway 627, A10

3.0 Specific Area Information:

3.1 Communication Systems:

Satellite phone only: 011 881 631 432 111
Emergency AHC – Melanie Ruchel , Principal, Collingwood College
Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

Operation Newstart Northern (ONN) bus follows group at designated points, and at camp site

3.3 Difficulty of Trip:

Level 3

3.4 Outside Support Staff:

Apollo Bay Rangers
Phone: 5237 6889 or 13 1963

3.5 Infield Staff:

2 ONN (minimum) and 1 Additional Police Member.

4.0 Activity Safety Systems:

ONN staff run the bush walking activity and are responsible for all safety procedures.

5.0 Personnel Qualifications Relevant to Bush Walking:

5.1 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Apollo Bay Rangers
Phone: 5237 6889 or 13 1963

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Apollo Bay Hospital, McLachlan St, Apollo Bay 3233

Phone. 5237 8500

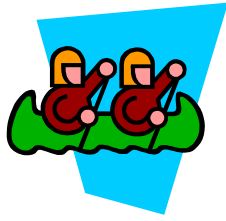
In case of no emergency vehicle support

Use satellite phone to contact;

Apollo Bay Rangers, 5237 6889

Emergency services: Phone: 000 or Mobile 112.

Helicopters: Approximate response time 40 minutes



Activity

4

Canoe Touring

1.0 Aims/Objectives:

1.1 Aim of Activity:

To gain canoeing skills, including paddling, safety and touring skills relevant to canoe touring. Effective communication and partner cooperation are major elements of this activity.

2.2 Objective:

Complete a day's paddling instruction and canoe touring on a Grade 1 river.

2.0 Location:

Yarra River, between Bellbird Picnic Area, Yarra Bend Park, Yarra Boulevard, Kew, Melway 45 A3 and Willsmere Park, Fairfield, Melway 45 F1.

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile phones:

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

Operation Newstart Northern (ONN) bus located on site at Bellbird Picnic Area, Yarra Bend Park, Yarra Boulevard, Kew.

Melway 45A3.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Kew Police,
High Street, Kew
Phone: 9853 8377

3.5 Infield Staff:

2 ONN

4.0 Activity Safety Systems:

ONN staff run the canoeing activity and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and death of Operation Newstart Northern students.

5.0 Personnel Qualifications Relevant to Canoeing:

5.1 ONN Staff Qualifications:

Level 1 Flatwater Instructors (BD & DB)
St. John Ambulance Wilderness First Aid (BD & DB)

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Kew Police,
High Street, Kew.
Phone: 9853 8377

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.
If necessary transport patient to;
St Vincent's Hospital,
Cnr Nicholson and Victoria Streets, Fitzroy,
Phone: 9288 2211

In case of no emergency vehicle support

Contact emergency services:6+ Phone 000



Activity

5

Caving

1.0 Aims/Objectives:

1.1 Aim of Activity:

Provide both individual and group challenges, with communication, cooperation and teamwork as major elements, in an attempt to deconstruct some of the presenting behaviours of the clients and to accelerate the narrative construction of the clients.

For students to receive and follow instructions given by Royal Australian Air Force (RAAF) personnel.

1.2 Objective:

To undertake a half-day caving activity run by RAAF personnel in an isolated area with a significant level of perceived risk.

2.0 Location:

Labertouche Caves, Labertouche, 3816.
Melway 512, U5.

3.0 Specific Area Information:

3.1 Communication Systems:

Satellite phone only: **0424 211 076

Emergency AHC – Melanie Ruchel , Principal, Collingwood College
Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

RAAF 4WD - located on site.
Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Pakenham police,
Location: 41 James Street, Pakenham, 3810.
Phone: 5941 1033

3.5 Infield Staff:

2 RAAF (minimum), 2 ONN.

4.0 Activity Safety Systems:

RAAF run the caving activity and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart Northern students.

5.0 Personnel Qualifications Relevant to Caving:

5.1 RAAF Staff Qualifications:

Adventure Training Instructors/Leaders, Abseiling Top Rope, Abseiling Caving, Lead Climbing Course.
First aid

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB)

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Contact Pakenham Police
Ph 5941 1033

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

Wilderness First Aid Kit carried.

If necessary transport patient to;

Pakenham Medical Centre,

43 Main Street, Pakenham, 3810.

Phone: 5941 1811

In case of no emergency vehicle support

Use satellite phone to contact emergency services;

Phone: 000

Mobile to Satellite: 112

Helicopters

Approximate response time 30 minutes.



Activity

6

Expedition

1.0 Aims/Objectives:

1.1 Aim of Activity:

The aim of the expedition is to encourage the clients to draw on their skills acquired over the term, to reinforce those skills in a perceived stressful situation and to encourage further narrative development for the clients through a non directive process.

1.2 Objective:

For the group to complete a five-day expedition of bike riding, bush walking and canoeing with limited facilitator intervention.

2.0 Location:

Barmah State Park, between Echuca and Strathmerton via the Murray Valley Hiway
Melway 621 H4/5

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile and satellite phones;

Brendon Delaney 0438 043 103

Diane Bradford 0411 334 164

Satellite phone: **0424 211 076

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 3

3.4 Outside Support Staff:

Echuca Police

Sen. Con. Alan Pankhurst.

Phone: 5482 2255

Parks Victoria, Nathalia Office

Phone: 5866 9900 or AH 13 1963

3.5 Infield Staff:

2 ONN

4.0 Activity Safety Systems:

ONN staff run the expedition and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart Northern students.

5.0 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).

Cycle on Instructor (BD & DB).

Level 1 Flatwater Canoe Instructor (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Echuca Police

Phone: 5482 2255

Parks Victoria, Nathalia Office

Phone: 5866 9900 or 13 1963

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Echuca Hospital, 9/27 Francis St, Echuca

Phone: 5485 5000

In case of no emergency vehicle support

Use satellite phone to contact emergency services:

Phone: 000

Mobile to Satellite: 112

Helicopters

Approximate response time 2 hours.



Activity

7

Fire Awareness

1.0 Aims/Objectives:

1.1 Aims of Activity:

To provide fire education and fire fighting skills to students and to present an activity that has significant challenge and perceived risk to assist in the development of students self belief and positive narrative development. Communication and teamwork are major elements of this activity.

For students to receive and follow instructions given by CFA personnel.

1.2 Objective

To complete a day's fire education and fire fighting activities run by Country Fire Authority (CFA) personnel.

2.0 Location:

CFA Training Establishment, Geelong/Ballan Road, Fiskville, 3342.
Melway 511 D1

3.0 Specific Area Information:

3.1 Communication Systems:

CFA, Fiskville: 5366 7200

Operation Newstart Northern staff carry mobile phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

CFA vehicle - located on site

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 1

3.4 Outside Support Staff:

Ballan Police,
Inglis Street, Ballan, 3342
Phone: 5368 1303

3.5 Infield Staff:

CFA (minimum 1), 2 ONN.

4.0 Activity Safety Systems:

CFA conduct the fire education and fire fighting activities and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart students.

5.0 Personnel Qualifications Relevant to Fire Fighting:

5.1 CFA Staff Qualifications:

CFA Fire Officers.

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB)

6.0 Program Emergency Responses:

6.1 Lost Procedure:

N/A

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Ballan District Health and Care,

33 Cowie Street, Ballan, 3342

Phone: 5368 1100



Activity

8

High and Low Ropes

1.0 Aims/Objectives:

1.1 Aim of Activity:

To provide both individual and group challenges, with communication, cooperation, trust and teamwork as major elements

For students to receive and follow instructions given by Kinglake West Adventure Camp (KWAC) personnel.

1.2 Objective:

To undertake a day's high and low ropes course run by KWAC personnel in a bush setting with a high level of perceived risk.

2.0 Location:

Kinglake West Adventure Camp, Kinglake West, 3757.
Melway 527 H3.

3.0 Specific Area Information:

3.1 Communication Systems:

Telephone on site: 5786 5230

**Emergency AHC – Melanie Ruchel , Principal, Collingwood College
Bh 9417 6681 Mobile: ****

3.2 Vehicular Support:

KWAC vehicle located on site.

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Whittlesea Police,
Church Street, Whilltsea, 3757.
Phone: 9716 2102

3.5 Infield Staff:

KWAC staff (minimum 2, can include 1 experienced ONN staff member).
2 ONN.

4.0 Activity Safety Systems:

KWAC run the high and lows ropes activities and are responsible for all safety procedures including legal liability for injury and/or death of Operation Newstart students.

5.0 Personnel Qualifications Relevant to High and Low Ropes Courses:

5.1 KWAC Staff Qualifications:

Challenge Ropes Course Instructor Certificate.
Bachelor of Arts in Recreational Leadership.
First aid.

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB)

6.0 Program Emergency Responses:

6.1 Lost Procedure:

N/A

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

The group facilitator carries a copy of each student's medical details.
If necessary transport patient to;
Northern Hospital,
Cooper Street, Epping,
Phone: 8405 8000

In case of no emergency vehicle support N/A



Horse Riding

1.0 Aims/Objectives:

1.1 Aims of Activity:

To provide both individual and group challenges, with listening, cooperation and teamwork as major elements.

For students to receive and follow instructions given by Pretty Sally Trail Ride personnel.

1.2 Objective:

To undertake a day's horse riding activity run by Pretty Sally Trail Ride personnel in a bushland area with a significant level of perceived risk.

2.0 Location:

Uncle Nev's Upper Plenty Trail Rides, Wallan Road, Upper Plenty, 3756

Phone: 5783 1310

Melway 610 M10

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile and satellite phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

P.S.T.R: 5782 2234

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Wallan Police,
High Street, Wallan, 3756.
Phone: 5783 1333

3.5 Infield Staff:

4 Uncle Nev's Upper Plenty Trail Rides.
2 ONN.

4.0 Activity Safety Systems:

Uncle Nev's Trail Ride staff run the horse riding activity and are responsible for all safety procedures. Uncle Nev's Trail Rides carry legal liability for injury and/or death of Operation Newstart Northern students and staff.

5.0 Personnel Qualifications Relevant to Horse Riding:

5.1 Uncle Nev's Trail Ride Staff Qualifications:

First aid

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

N/A

6.2 Accident/Incident Reporting Procedure:

Uncle Nev's Trail Rides are in charge of immediate accident procedures since they assume liability for the activity.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

**Kilmore Hospital,

Rutledge Street, Kilmore, 3764.

Phone: 5782 1311

or

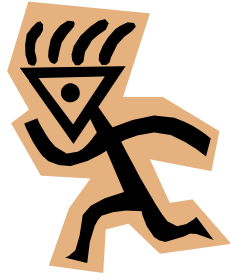
Northern Hospital

185 Cooper St, Epping 3076

Phone: 8405 8000

In case of no emergency vehicle support

Contact emergency services: Phone: 000



Activity 10

Mud Run & Obstacle Course

1.0 Aims/Objectives:

1.1 Aims of Activity:

To provide a unique experience and an extreme challenge to students both individually and as a group. A positive mental attitude, perseverance and teamwork are major elements of this activity.

For students to receive and follow instructions given by Royal Australian Navy (RAN) personnel.

1.2 Objective:

To complete an obstacle course and mud run taken by RAN personnel with a significant level of difficulty for participants.

2.0 Location:

HMAS CEREBUS Naval Base, Stony Point Road, HMAS CEBERUS, 3920. Melway 195 C4

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

N/A

3.5 Infield Staff:

2 ONN. RAN staff may assist depending upon availability.

4.0 Activity Safety Systems:

ONN staff run the obstacle course and mud run activity and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart students.

5.0 Personnel Qualifications Relevant to Obstacle Course and Mud Run:

5.1 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Contact CPO Short,
HMAS CERBERUS,
Phone: 5950 7161

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

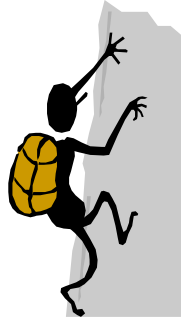
If necessary transport patient to;

CERBERUS Naval Base Hospital,
Phone: 5950 7119

In case of no emergency vehicle support N/A

Use satellite phone to contact emergency services;
Phone: 000

Helicopters Not Applicable



Rock Climbing

1.0 Aims/Objectives:

1.1 Aims of Activity:

To provide an individual challenge to students, with communication, cooperation and trust as major elements, in an attempt to deconstruct some of the presenting behaviours of the students and to assist further narrative development.

For students to receive and follow instructions given by Royal Australian Air Force (RAAF) personnel.

1.2 Objective

To undertake a day rock climbing activity run by RAAF personnel in an isolated area with a significant level of perceived risk.

2.0 Location:

Staughton Vale, Brisbane Ranges, 3221.
Melway 511 3E

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

RAAF 4WD - located on site.

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Corio Police,
Location: Bacchus Marsh Rd, Corio.
Phone: 5273 9555

3.5 In field Staff:

2 RAAF (minimum), 2 ONN.

4.0 Activity Safety Systems:

RAAF run the rock climbing activity and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and death.

5.0 Personnel Qualifications Relevant to Rock Climbing:

5.1 RAAF Staff Qualifications:

Adventure Training Instructors/Leaders, Abseiling Top Rope, Abseiling Caving, Lead Climbing Course.
First aid.

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Police
Ranger: Brisbane Ranges National Park,
Anakie-Geelong Rd, Anakie, 3221.
Phone: 5284 1230

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Bacchus Marsh Hospital Primary Injury Service,

Clarinda Street, Bacchus Marsh.

Phone: 5367 9666

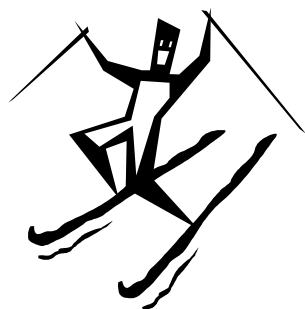
In case of no emergency vehicle support

Use satellite phone to contact emergency services;

Phone: 000

Helicopters

Approximate response time 30 minutes.



Activity 12

SKI CAMP

1.0 Aims/Objectives:

1.1 Aim of Activity:

To engage the students in a challenging and unfamiliar activity to develop further the narrative understanding of their ability to achieve above and beyond what they might normally expect.

1.2 Objective:

To undertake a four-day skiing trip with a high level of perceived risk and skill acquisition.

2.0 Location:

Police Ski Lodge, Merrijig,
Mount Buller Ski field.

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile and satellite phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

RAAF 4WD - located on-site at Police Lodge.

Police bus located on-site at Police Lodge.

During skiing activities transport is available 'on mountain' .

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Mount Buller ski patrol staff.
Location: Mt Buller.

3.5 Infield Staff:

2 ONN.

4.0 Activity Safety Systems:

Operation Newstart Northern and Northern staff run all activities outside of skiing lessons and are responsible for all safety procedures. Mount Buller Ski carry legal liability for injury and death of Operation Newstart students during ski lessons. The Department of Education and Training at all other times carries liability for injury and death of Operation Newstart students.

5.0 Qualifications/Experience:

5.1 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Mt Buller Police,
Summit Rock, Mt Buller, 3723.
Phone: 5263 3468
Mt Buller Ski Patrol

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations Manual, pp5-7. If accident occurs 'in snow' care must be taken with hypothermia as per First Aid training until help arrives.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Mansfield District Hospital

Highbury Street, Mansfield, 3722.

Phone: 5775 2111

In case of no emergency vehicle support N/A

Helicopters: Arranged by Mt Buller Medical Centre if required.



Activity 13

Surf Camp

1.0 Aims/Objectives:

1.1 Aim of Activity:

To provide an individual challenge to students, with communication, cooperation and trust as major elements, in an attempt to deconstruct some of the presenting behaviours of the clients

1.2 Objective:

To undertake a three day surf camp activity run by ONN staff and surf school personnel.

2.0 Location:

Various surf beaches in the Anglesea area dependent upon weather conditions.
Eumerella Scout Camp, Great Ocean Road, Anglesea, 3230.

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile and satellite phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Eumeralla: 5263 1241

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

Operation Newstart Northern (ONN) bus located on site at all times.

Surf instructors vehicle on site during all surf lessons.

3.3 Difficulty of Trip:

Level 2

3.4 Outside Support Staff:

Anglesea Police,
55 Great Ocean Rd, Anglesea, 3230.
Phone: 5263 3468

3.5 Infield Staff:

Surf instructor (minimum 1), 2 ONN.

4.0 Activity Safety Systems:

The surfing instructor runs each surfing activity. The surf companies are individually responsible for all safety procedures and carry legal liability for injury and death of Operation Newstart Northern students. The Department of Education and Training carries legal liability for injury and death of Operation Newstart Northern students at all other times.

5.0 Personnel Qualifications Relevant to Rock Climbing:

5.1 Surf Instructor Qualifications:

Main instructor: Level 1 Surf Coaching Certificate and Surf Bronze Medallion or Surf Rescue Certificate.
Additional Instructors: Surf Bronze Medallion or Surf Rescue Certificate.

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB).
Community Bronze (BD & DB).

6.0 Program Emergency Responses:

6.1 Lost Procedure:

Anglesea Police.
Phone: 5263 3468

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Geelong Hospital,

Ryrie Street, Geelong.

Phone 5226 7111

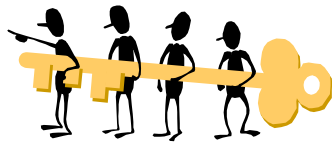
In case of no emergency vehicle support

Contact emergency services;

Phone: 000

Helicopters

Approximate response time 30 minutes.



Activity 14

TEAM BUILDING

1.0 Aims/Objectives:

1.1 Aims of Activity:

To provide both individual and group challenges, with communication, cooperation, trust and teamwork as major elements, in an attempt to deconstruct some of the presenting behaviours of the clients and in a supportive group atmosphere to demonstrate reliance of the group on each other and leaders.

For students to receive and follow instructions given by Royal Australian Air Force (RAAF) personnel.

1.2 Objective:

To undertake a day's team building activity run by RAAF personnel to set a framework of the individual as part of a team.

2.0 Location:

Point Cook RAAF Base, Point Cook Road, Point Cook, 3030.
Melway Key Map, pg12.

3.0 Specific Area Information:

3.1 Communication Systems:

Operation Newstart Northern staff carry mobile phones;

Brendon Delaney: 0438 043 103

Diane Bradford: 0411 334 164

Emergency AHC – Melanie Ruchel , Principal, Collingwood College

Bh 9417 6681 Mobile: **

3.2 Vehicular Support:

RAAF vehicle located on site.

Operation Newstart Northern (ONN) bus located on site.

3.3 Difficulty of Trip:

Level 1

3.4 Outside Support Staff:

Laverton Police,
Cnr Maher Rd & Lohse Street, Laverton.
Phone: 9369 2122

3.5 Infield Staff:

2 RAAF (minimum), 2 ONN.

4.0 Activity Safety Systems:

RAAF run the Team Building activities and are responsible for all safety procedures. The Department of Education and Training carries legal liability for injury and/or death of Operation Newstart Northern students.

5.0 Personnel Qualifications Relevant to Team Building:

5.1 RAAF Staff Qualifications:

Adventure Training Instructors/Leaders, Abseiling Top Rope, Abseiling Caving, Lead Climbing Course.
First aid.

5.2 ONN Staff Qualifications:

St. John Ambulance Wilderness First Aid (BD & DB)

6.0 Program Emergency Responses:

6.1 Lost Procedure:

N/A

6.2 Accident/Incident Reporting Procedure:

As detailed in the Operations manual, pp2-5.

6.3 Medical Emergency:

Nearest Hospital/Medical Centre

The group facilitator carries a copy of each student's medical details.

If necessary transport patient to;

Werribee Mercy Hospital,
Princes Highway, Werribee, 3030.
Phone: 9216 8600

Operation Newstart Northern

Emergency All Hours Contact

The **Emergency All Hours Contact Person** for any in-field incident from any location is:

Melanie Ruchel
Principal
Collingwood College
Business Phone: 9417 6681
Mobile Phone: **

Operation Newstart Northern Sat Phone No.

**0424 211 076

Brendon Delaneys' Mobile Phone Number

0438 043 103

Diane Bradford's Mobile Phone

0411 334 164

Mobile to Satellite Emergency Services

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